



Astor Services for Children & Families promotes the well-being of individuals and their families through a range of programs.

Transitions Program

Transitions is a Bronx-based program that provides services to school-aged youths, 4-18 years old, who exhibit behavioral difficulties. Each year, Transitions serves more than 200 students for an average of two years each. The goal is to collaborate with students and families to achieve a better educational understanding, positive opportunities, and graduate high school.

Services Include

- IEP review and support
- Outpatient Clinic Referrals
- Mentorship Programs
- Medicaid/Health Insurance Assistance
- Public Assistance
- Housing Referrals
- After School Programs
- Summer Camp Referrals
- Summer Youth Employment Referrals
- Resume Building
- Interview Preparedness
- College Informational/Open House
- School Placement Assistance
- Recreational Activities
- Job Training Referrals
- Case Management Referrals

During school breaks, caseworkers may periodically facilitate recreational activities with clients and their parents, such as:

- Arts & Crafts
- Educational and Recreational Outings
- Field Day

Referral Criteria

Transitions is funded through The Robin Hood Foundation and the NYC Department of Health and Mental Hygiene. The program is free to qualifying youths. Only children currently in another Astor program may be eligible.

Admissions Process

As students are discharged from other Astor programs, they are invited to participate in the Transitions Program.

Benefits of Transitions Program

Caseworkers provide supportive services to youths and families by helping them gain a better sense of independence and understanding of their child's diagnosis. Outcomes include:

- 95% of students remain in their school setting, or are moved to a less restrictive environment.
- 90% of students are promoted to the next grade level.
- School attendance equal to-or better than-overall attendance of students at the school he/she is attending.
- Higher graduation rate than comparable peers.

For more information, please contact:

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