



Transitions Program

Transitions is a Bronx school-based program that provides services to school-aged youths, 4-18 years old, who exhibit academic and/or behavioral challenges.

Each year, Transitions serves about 50 students for a full year to ensure that students adjust to their less restrictive school/program settings. Astor links student families to resources that support successful transitions and makes referrals to therapy and medication management to ensure students have continuity of care when it comes to their academic, emotional and behavioral well-being.

Services Offered

- IEP review and support
- Outpatient Clinic Referrals
- Mentorship Programs
- Medicaid/Health Insurance Assistance
- Public assistance
- After school programs
- Summer Camp Referrals
- Summer Youth Employment Referrals
- Resume building
- Interview Preparedness
- College Informational/Open House
- School Placement Assistance
- Recreational Activities
- Job Training Referrals
- Case Management Referrals
- Public assistance help
- After school program referrals
- Resume building workshops
- Interview preparedness workshops
- College informational/open house support
- Recreational activities referrals

During school breaks, caseworkers may periodically facilitate recreational activities with clients and their parents, such as:

- Arts & Crafts
- Educational and Recreational Outings
- Field Day

Referral Criteria

Transitions is funded through the NYC Dept of Health and Mental Hygiene. The program is free and only children who are currently in an Astor Day Treatment Program or who are about to age out of DTP are eligible to enroll.

Admissions Process

As students are discharged from other Astor programs, they are invited to participate in the Transitions Program.

Benefits of Transitions Program

Caseworkers provide supportive services to youth and families for a year from enrollment by helping them gain a better sense of independence and understanding of their child's diagnosis.

Outcomes include:

- 90% of students are promoted to the next grade level.
- School attendance equal to—or better than overall attendance of students at the school he/she is attending.
- Higher graduation rate than comparable peers.

Contact

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