

The Latest News from  
**Astor's CEO Yvette Bairan**  
on the COVID-19 Pandemic



**"In every community, there is work to be done.  
In every nation, there are wounds to heal.  
In every heart, there is the power to do it."**

– Marianne Williamson

### **To Our Astor Family and Community,**

Hope, an Astor core value, is needed now more than ever. The current COVID-19 crisis is challenging all of us because of the disruption to our lives, the need for social distancing and, most of all, the uncertainty it brings for the future.

**Our team at Astor is hopeful, because we believe in the strength  
and resiliency of individuals, families and communities.  
We are better together, and, united, we will rise to the challenge.**

We are sincerely grateful for the many emails and phone calls we have received from you expressing concerns for our team and clients, all of which have brightened these darker days.

Throughout this pandemic, Astor's dedicated staff members have continued to work tirelessly to ensure that our children are receiving critical services, while also taking care of their own families. They are truly our heroes.

Now more than ever, we are reminded of the significance and urgency of the critical mental health services we provide to children and families. Please know that Astor remains open and available to our current clients, as well as NEW clients needing our services in the Hudson Valley and the Bronx.

To that end, we have implemented the following resources:

- **Astor Client Hotline (Toll Free):** 1-866-ASTOR01

To assist with any questions our current clients or new clients may have

- Astor rolled out 50 dedicated phone lines for **Tele-Mental Health**, which will allow us to continue providing vital services to our children and help new clients.

- **Updates on Astor's Response to COVID-19**

Visit [www.astorservices.org/covid\\_19/](http://www.astorservices.org/covid_19/)

While we have changed the ways in which we provide services (Tele-Mental Health, working remotely), there has been no disruption in regular staff briefings, and I

hosted a CEO Town Hall meeting for all staff to further inform them and answer questions.

We are mindful of the abundance of information you may be receiving in your inbox during this time, so to keep you abreast of the work we are doing here at Astor, and for ways to maintain a healthy state of mind, follow us on:

[Facebook](#) – [@astorservices.org](#)

[Twitter](#) – [@AstorServices](#)

[LinkedIn](#) – [Astor Services for Children & Families](#)

Please visit our web page, [www.astorservices.org/covid\\_19](http://www.astorservices.org/covid_19), which provides comprehensive information to you, our Astor Family, about how you can continue to support our children and families during this crisis.

With hope,



Yvette Bairan  
Chief Executive Officer

[\*\*www.astorservices.org\*\*](http://www.astorservices.org)

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