

Contact Us

For more information contact:

**Regional Director
of Outpatient Clinics**
Amie Adams, LCSW-R
Tel: (845) 471-6004

46 Lincoln Avenue
Poughkeepsie, NY 12601-4518



Sponsored by:
**Catholic Charities
of the Archdiocese
of New York**



Contracted by:
**Ulster County
Department of Health
and Mental Health**



Contracted by:
**Dutchess County
Dept of Behavioral &
Community Health**



Accredited by:
**The Joint
Commission**



Yvette Bairan, MPA, CHC
Chief Executive Officer
Astor Services for Children & Families

6339 Mill Street, P.O. Box 5005
Rhinebeck, NY 12572
Tel: (845) 871-1000 | Fax: (845) 876-2020

www.astorservices.org

Astor Services for Children & Families

46 Lincoln Avenue
Poughkeepsie, NY 12601-4518

Return Service Requested



Counseling Centers

WALK-INS WELCOME

Monday-Friday 9am-5pm

Ellenville: Tuesday-Thursday 9am-5pm



ASTOR
SERVICES FOR CHILDREN & FAMILIES

**Hudson Valley Community-Based
Behavioral Health and Prevention Services**

...Because every child deserves a childhood.

About Us

Astor Counseling Centers, located throughout Dutchess & Ulster Counties, NY provide counseling, psychiatric services and case management to children and adolescents (ages 2-21) and their families. Licensed by the New York State Office of Mental Health and accredited by The Joint Commission.

First time clients who would like to be seen at one of the Primary Counseling Centers can walk-in between the hours of 9am-5pm Monday through Friday (Ellenville location open 9am-5pm Tues. through Thurs.).

All our Counseling Centers have evening appointments for clients who have been admitted for treatment. Please call the Center located near you for their specific hours.

Dutchess and Ulster Counties contract with Astor's Counseling Centers to provide specialized treatment services to help children reach their highest potential in family life, school, friendships, and recreation.

Eligibility & Enrollment Requirements

To be eligible for Astor Counseling Services, the youth must:

1. Reside in Dutchess or Ulster County
2. Be between the ages of 2-21
3. Have a mental health concern that interferes with one's own life, the family's life or life within the community.

How to Obtain an Intake Appointment

"Walk-ins" are welcome at the **Primary Counseling Centers** during the hours of 9am - 5pm Monday through Friday (Ellenville location open 9am-5pm Tues. through Thurs.) and can wait for the next available intake appointment.

Fees

- Insurance
- Medicaid
- Self pay

Payment is expected at time of service

www.astorservices.org

What Types of Services are Available at the Counseling Center?

The **Astor Counseling Center** staff has expertise in a variety of treatment approaches designed to assist children and families. The following is a list of the various treatment approaches available within the counseling centers:

- Treatment Planning
- Health Screening
- Substance Abuse Screening
- Comprehensive Assessment
- Families Together Group Therapy
- Walk-in Crisis Intervention Services
- Family, Individual and Group Therapy
- Psychiatric Services and Medication Management
- Specialized Treatments with Sexual Harm, PCIT & Co-Occurring Disorders
- Safety Planning
- ADHD Evaluation
- Family Advocacy
- Outreach



Locations:

DUTCHESS COUNTY OUTPATIENT CLINICS:

Beacon Outpatient Clinic

223 Main St, Beacon, NY 12508
(845) 838-4920
Mon., Wed., Fri. 9-5pm; Tues. & Thurs. 9-9pm

Poughkeepsie Outpatient Clinic

46 Lincoln Ave, Poughkeepsie, NY 12601
(845) 471-6004
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Hyde Park Outpatient Clinic

Children's Medical Group, Suite 2
4252 Albany Post Rd, Hyde Park, NY 12538
(845) 233-5935
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Dover Outpatient Clinic

6423 Rt. 55, Wingdale, NY 12594
(845) 350-3010
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Rhinebeck Outpatient Clinic

187 E. Market Street, Rhinebeck, NY 12572
(845) 871-1535
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

ULSTER COUNTY OUTPATIENT CLINICS:

Ellenville Counseling Center

Trudy Resnick Farber Bldg,
50 Center St, Ellenville, NY 12428
(845) 647-3349
Tuesday-Thursday 9-8pm

Kingston Outpatient Clinic

239 Golden Hill Lane, Suite 100
Kingston, NY 12401
(845) 340-4105
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

New Paltz Outpatient Clinic

New Paltz Counseling Center
137 N. Chestnut Street, New Paltz, NY 12561
(845) 419-0850
Mon.-Thurs. 9-8pm and Fri. 9am-5pm