



The Children's Foundation of Astor
6339 Mill Street, Rhinebeck, NY 12572
Telephone (845) 871-1000

FOR IMMEDIATE RELEASE

For more information, contact:
Richmond Arce
(845) 594-6682
Rarce@astorservices.org

DINE OUT FOR MENTAL HEALTH AWARENESS MONTH

Proceeds to Benefit Astor Services for Children & Families

RHINEBECK, NEW YORK, May 3, 2021 - Hudson Valley restaurants are stepping up in a big way for the month of May in recognition of Mental Health Awareness Month and to show their support for Astor Services for Children & Families (Astor) and the mental/behavioral services the nonprofit provides to children and families throughout the Hudson Valley and the Bronx. Astor has provided over 155,000 tele-mental health sessions and has admitted over 3,800 new clients since the start of the pandemic.

Dine Out during the month of May at participating restaurants and they will donate a portion of their proceeds to Astor to ensure that every child has the opportunity to meet life's challenges, pursue their dreams, and reach their full potential.

During the height of the pandemic, many local restaurants provided meals to frontline workers including medical professionals, direct care workers, and to testing sites, and donated to local fundraisers.

"Astor is proud to have the help of these local businesses and truly values their continued efforts to raise awareness for mental health," said Sonia Barnes-Moorhead, executive vice president of The Children's Foundation of Astor. "We would like to especially thank Cinnamon, Le Petit Bistro, Savona's, Home Plate Deli, Enzo's, Samuel's Sweet Shop, Market St., Giobatta Alimentaru and All That Java for their support."

Visit <https://www.astorservices.org/event/dine-out/> to view the complete list of participating restaurants and selected dates.





The Children's Foundation of Astor
6339 Mill Street, Rhinebeck, NY 12572
Telephone (845) 871-1000

About Astor Services for Children & Families

Astor Services for Children & Families, as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving more than 10,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services. For additional information please visit <http://astorservices.org/> or call (845) 871-1117.