

## FOR IMMEDIATE RELEASE

CONTACT: Sonia Barnes-Moorhead (845) 871-1117 smoorhead@astorservices.org

## ASTOR SERVICES FOR CHILDREN & FAMILIES EXPANDS OFFERINGS; ANNOUNCES HEALTH SERVICES FOR ADULTS

Free High-Quality Care Available for Adults Over 18 With Medicaid Beginning January 1, 2022

**RHINEBECK, NY, January 3, 2022** – Responding to an identified need in the communities it already serves, <u>Astor</u> <u>Services for Children & Families</u> announced that a brand new Adult Care Management program is now available to residents 18 and older within New York's Dutchess, Ulster and Orange counties, starting January 1, 2022. These services are free to individuals with Medicaid insurance and provide comprehensive coordination of all those involved in an individual's health and wellness, including medical and behavioral health experts from the clinical and non-clinical sides.

"Astor has been providing high-quality care to children across nine counties in New York State and we wanted to offer that same quality of care for adults," said Joe Pettignano, care management supervisor at Astor Services for Children & Families. "We've seen an increase in mental health concerns brought on by the Covid-19 pandemic and a heightened need in the community to support adults in managing communication with their many providers."

The program is flexible, with in-person and phone-based services, depending on the individual's preferences. Spanish speaking service providers are also available. The program is open to individuals with qualifying conditions.

Anyone can make a referral to the program, including the individual themselves. To learn more, contact Joe Pettignano at <u>ipettignano@astorservices.org</u> or 845-943-1288.





info@astorservices.org | www.astorservices.org



## **About Astor Services for Children & Families**

Astor Services for Children & Families, as it has since 1953, promotes the well-being of children, adolescents, their families and adults over the age of 18 through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving more than 10,000 children, families and adults annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, Community-Based Behavioral Health and Prevention Services, and Adult Care Management. For additional information please visit <u>http://astorservices.org/</u> or call (845) 871-1117.

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