



Astor Services for Children & Families promotes the well-being of individuals and their families through a range of programs.

### Family Therapy and Support Services

The Family Therapy and Support Services Program provides treatment to youth with psychiatric, emotional, and/or behavioral challenges. This in-home family therapy model allows the entire family to receive services in a familiar setting.

### Services Offered:

- In-home Structural Family Therapy
- Individual & Group Therapy (utilizing Dialectical Behavioral Therapy)
- Planned/crisis respite in a certified therapeutic foster home
- Psychiatric services, including psychiatric evaluations and follow-up appointments
- Case management services
- Vocational/educational services
- Independent living skills classes
- Anger management classes
- Social Skills groups
- 24 hour on call support

### Referral Criteria:

- All referrals must come from Orange County Department of Social Services
- The target population includes youth (up to 18 years old) adjudicated as Juvenile Delinquent (JD), Persons in need of supervision (PINS), youth at risk of out-of-home placement, and youth in a diversion program to avoid PINS and/or out-of-home placement.



For more information, please contact:

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