



Astor Services for Children & Families promotes the well-being of individuals and their families through a range of programs.

Outpatient Clinics

Astor Outpatient Clinics provide counseling, psychiatric services, and family advocacy to youth (ages 2-26) and their families using a strengths-based approach. Our interdisciplinary team includes child psychiatrists, psychologists, psychiatric nurse practitioners, nurses, social workers, mental health counselors, and family advocates.

First time clients can walk in between 9 am - 5 pm (see below for individual hours of operation).

Services:

The Astor team has an expertise in a variety of evidence-based treatment services designed to integrate the complex and co-occurring needs of youth and families. The following is a list of the services available within the clinic:

- Family, Individual and Group Therapy
- Crisis Intervention & Safety Planning
- Psychiatric Services & Medication Management
- Psychological Testing
- Substance Abuse Screening & Treatment
- Treatment of Youth who cause sexual harm
- Family Advocacy

Cost:

Astor's Outpatient Clinics accept insurance and Medicaid. Clients without insurance can utilize a sliding-scale fee.

Locations:

Bronx Outpatient Clinics:

750 Tilden Street

Bronx, NY 10467
(718) 231-3400
Mon-Thur: 9am-8pm
Fri: 9am-5pm
Closed on weekends and holidays

1419 Shakespeare Avenue

Bronx, NY 10452
(718) 732-7080
Mon-Thur: 9am-8pm
Fri: 9am-5pm
Closed on weekends and holidays

Astor offers counseling and admissions through tele health services.

