



Astor Services for Children & Families promotes the well-being of individuals and their families through a range of programs.

### Outpatient Clinics

Astor Outpatient Clinics provide counseling, psychiatric services, and family advocacy to youth (ages 2-26) and their families using a strengths-based approach. Our interdisciplinary team includes child psychiatrists, psychologists, psychiatric nurse practitioners, nurses, social workers, mental health counselors, and family advocates.

First time clients can walk in between 9 am - 5 pm (see below for individual hours of operation).

### Services:

The Astor team has an expertise in a variety of evidence-based treatment services designed to integrate the complex and co-occurring needs of youth and families. The following is a list of the services available within the clinic:

- Family, Individual and Group Therapy
- Crisis Intervention & Safety Planning
- Psychiatric Services & Medication Management
- Psychological Testing
- Substance Abuse Screening & Treatment
- Treatment of Youth who cause sexual harm
- Family Advocacy

### Cost:

Astor's Outpatient Clinics accept insurance and Medicaid. Clients without insurance can utilize a sliding-scale fee.

### Locations:

#### DUTCHESS COUNTY OUTPATIENT CLINICS:

##### **Beacon Outpatient Clinic**

223 Main St, Beacon, NY 12508

(845) 838-4920 | Mon., Wed., Fri. 9-5pm; Tues. & Thurs. 9-9pm

##### **Poughkeepsie Outpatient Clinic**

46 Lincoln Ave, Poughkeepsie, NY 12601

(845) 471-6004 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

##### **Hyde Park Outpatient Clinic**

Children's Medical Group, Suite 2

4252 Albany Post Rd, Hyde Park, NY 12538

(845) 233-5935 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

##### **Dover Outpatient Clinic**

6423 Rt. 55, Wingdale, NY 12594

(845) 350-3010 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

##### **Rhinebeck Outpatient Clinic**

187 E. Market Street, Rhinebeck, NY 12572

(845) 871-1535 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

#### ULSTER COUNTY OUTPATIENT CLINICS:

##### **Ellenville Counseling Center**

Trudy Resnick Farber Bldg, 50 Center St, Ellenville, NY 12428

(845) 647-3349 | Tuesday-Thursday 9-8pm

##### **Kingston Outpatient Clinic**

239 Golden Hill Lane, Suite 100, Kingston, NY 12401

(845) 340-4105 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

##### **New Paltz Outpatient Clinic**

New Paltz Counseling Center

137 N. Chestnut Street, New Paltz, NY 12561

(845) 419-3535 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm