

## School-Based Behavioral Health and Training (SBBHT) Services









Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

Astor Services for Children & Families has decades of experience working with children in collaboration with the Department of Education in school-age day treatment programs and clinic-based school satellite programs.

Astor offers an array of services based on evidencebased models, providing a comprehensive mental health partnership that is flexible and customizable to the unique needs of each school population.

## **Universal Interventions**

Designed to support the entire school, including:

- Assessment
- Training/Education
- Identify needs
- · Referral to services

## **Selective Interventions**

Classroom and group interventions targeting at-risk students and enhancing faculty skills, including:

- Intensive case consultation with teachers and school support team
- PBIS/TCI Crisis Assessment
- Groups with identified students
- Specific staff training
- Classroom management consultation
- Crisis avoidance, crisis response, and peer mediation

## **Targeted Interventions**

For identified individual students and families in need, including:

- Evidence-based treatment, assessments, and evaluations as part of on-site Article
   31 satellite school-based mental health clinic
- Mental health/educational referrals and case planning
- Supervisory oversight provided by a licensed clinician for all individual, group and family psychotherapy, crisis intervention, and behavioral health assessment and evaluation services

All prices are calculated based on Medicaid/commercial insurance mix of student population using a cost-share model with school district & Astor Services



For more information, contact

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