Astor’s ‘Dine Out for Mental Health’ Set in May

Posted Thursday, April 21, 2022 4:00 pm

The Astor Services for Children & Families’ second annual Dine Out for Mental Health will be held during Mental Health Awareness Month in May to help raise funds and awareness for Astor and the mental/behavioral services the nonprofit organization provides to more than 10,000 children and families throughout the Hudson Valley and the Bronx.

Participating restaurants in the Hudson Valley will donate a portion of their proceeds to help Astor and assist in raising attention to the mental health crisis. Funds generated by participating restaurants will help Astor ensure every child has an opportunity to meet life’s challenges, pursue their dreams and reach their full potential.

Information: https://www.astorservices.org/event/dine-out/

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During Lent, over 2,000 people gathered to pray & provide input at Synod listening sessions. Those who were not able to attend have an opportunity to participate in the online listening session on May 4, 6:30-8:45 p.m. via Zoom. Read more in @Catholic_NY: cny.org/stories/synod-

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