



Central Administration

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Because every child deserves a childhood.

FOR IMMEDIATE RELEASE

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MENUS WITH A MISSION:
ASTOR ANNOUNCES 2nd DINE OUT EVENT FOR MENTAL HEALTH AWARENESS MONTH

HUDSON VALLEY AND BRONX, NY, April 12, 2022 – On the heels of last year’s success, and in a show of support for the cause, several restaurants in the Hudson Valley region have enthusiastically signed on for the return of Astor Services for Children & Families’ (Astor) 2nd annual Dine Out for Mental Health, during May, Mental Health Awareness Month. To help raise funds and awareness for Astor and the mental/behavioral services the nonprofit organization provides to more than 10,000 children and families throughout the Hudson Valley and the Bronx, restaurants in the Hudson Valley will donate a portion of their proceeds to support Astor and to help raise draw attention to the mental health crisis in our communities.

According to Richmond Arce, event manager at Astor, “Dine Out was created in 2021 as an effort to help restaurant owners and small businesses who suffered from the economic impact during the shutdown get diners out again for a good cause. It was a great way to get friends together to show their commitment to local businesses and to garner much-needed resources for our children and families.”

This year, the month-long event will include many return participants from last year, along with some familiar and new restaurants in the lineup. Money raised by participating restaurants will help Astor ensure that every child has the opportunity to meet life’s challenges, pursue their dreams, and reach their full potential. To view the Dine Out Calendar and participating restaurants, visit <https://www.astorservices.org/event/dine-out/>. Diners are also encouraged to return to Astor’s website throughout the month for updates and special offers from Dine Out participants.

About Astor Services for Children & Families

Since 1953, Astor Services for Children & Families has been providing behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust. The organization, which has been accredited with The Joint Commission’s Gold Seal of Approval, now serves more than 10,000 children and families annually in more than 70 locations. Astor’s range of services in the Hudson Valley (Dutchess, Orange and Ulster counties) and the Bronx include: Residential Programs; Early Childhood Programs; and Community-Based Behavioral Health and Prevention Services. Visit the organization online at www.astorservices.org. To learn more about Astor’s programs and services, visit, www.astorservices.org.

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