



Head Start & Early Head Start

Head Start is a federally funded preschool program serving low-income children and children with disabilities.

- Free program for children who qualify
- Home-based program option
 - Prenatal – 5 years old
 - Weekly 90 minute home visits
- Center-based program option
 - 18 months – 5 years old
 - Monday – Friday
 - 5-6.5 hours a day

Goals:

- Help develop social and emotional competence of young children
- Implement strategies that promote school readiness
- Provide comprehensive family engagement services
- Promote health, mental health, and provide developmental screenings
- Collaborate with community resources to support the families and program

Special Services:

Special Class Integrated Setting (SCIS) -

Provides Special Education services within a 5-hour, 5-day a week, Head Start integrated classroom.

Available at: Mt. Alvernia, Beacon, Wingdale, and Poughkeepsie

Self-Contained Classroom - A 5-hour, 5-days-a-week classroom with 1 teacher, 8 students, and 2 teaching assistants (1:8:2)

Available at: Beacon and Poughkeepsie

Therapeutic Preschool - Designed for children with significant needs in social and emotional skills. Integration of education and clinical models. 5-hours, 5 day a week program.

Available at: Poughkeepsie

Bright Steps Toddler Room - Provides Early Intervention services within a 6.5 hour, 5 day a week Early Head Start integrated classroom.

Available at: Mt. Alvernia

Locations:

Beacon

29 Willow St
Beacon, NY 12508
(845) 838-9904

Poughkeepsie

50 Delafield Street
Poughkeepsie, NY 12601
(845) 452-7726

Millerton

Home-Based Service
(845) 763-6805

Red Hook

1232 NY-308
Rhinebeck, NY 12572
(845) 758-4103

Mt. Alvernia

136 Sheafe Road
Wappingers Falls, NY 12590
(845) 296-1892

Wingdale

6423 State Route 55
Wingdale, NY 12594
(845) 832-3331

For more information, please contact:

Kim Tsubris

50 Delafield Street, Poughkeepsie, NY 12601
(845) 452-4167 | ktsoubris@astorservices.org
www.astorservices.org