



Residential Treatment Facility

Astor's Residential Treatment Facility (RTF) serves children who have difficulty safely managing their emotions. Children at the RTF have tried all of the services offered in

their community and have had many psychiatric inpatient hospitalizations. These children may have also had unpleasant experiences or trauma in their lives. The RTF provides a higher level of mental health care so each child can reach their goals and excel in all areas of life.

To Participate:

- Be between the ages of 5-13
- Need more emotional and behavioral support than their community environment can provide
- Referrals must be certified by and come directly from the New York State Office of Mental Health Residential Treatment Facility Authorization Review Process

Services:

- Evaluation by child psychiatrist
- Individual & group therapy
- Family support, education, and therapy
- Ongoing medication treatment
- Physical health
- 24/7 nursing

- Crisis prevention/intervention
- Case management
- Room and board
- 24/7 supervision by trained child care professionals
- Therapeutic educational environment through the Astor Learning Center
- Recreational activities
- Discharge planning

Contact

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