



## Trauma Recovery Center

The Trauma Recovery Center at Astor Services strives to provide Help, Healing and Hope to survivors of trauma. Through the comprehensive services offered by the Trauma Recovery Center, we aim to reduce the long-term effect of post-traumatic stress disorder symptoms from individual events or compound trauma caused by

intergenerational trauma impacted by social determinants of health or multiple traumatic events.

Astor's Trauma Recovery Center will serve as a community hub to support victims of violent crime, with clear referral pathways from local hospitals, legal defense services, law enforcement, and other community pathways.

### Services Offered

- Assessment and treatment plans
- Case management
- Individual, group, and family therapy
- Referral and advocacy
- Crisis intervention
- Medication management
- Legal advocacy and assistance

### To Participate

In order to be eligible for this program, the individual must be:

- Over the ages of five
- A Bronx resident
- A survivor of a violent crime within the past three years including but not limited to child abuse and neglect, sexual assault, battery, community violence, human trafficking or grief and loss.

### Cost

Everyone will be served regardless of access to Medicaid or other insurance.

### Contact

#### Michele O'Connor

Director of Outpatient Clinics/School Based  
(845) 464-3337  
[BronxReferral@astorservices.org](mailto:BronxReferral@astorservices.org)

### Locations & Hours

#### 750 Tilden Street

Bronx, NY 10467  
Mon-Fri: 9am-8pm

#### 1st Floor

#### 1419 Shakespeare Avenue

Bronx, NY 10452  
Mon-Fri: 9am-8pm