

Astor Services Debuts Rockland County's First Ever Adolescent Partial Hospitalization Program

citybiz.co/article/463257/astor-services-debuts-rockland-countys-first-ever-adolescent-partial-hospitalization-program

September 6, 2023



[Astor Services](#), a leading provider of quality mental and behavioral health and education services for children, young adults and their families, officially unveiled its newest Adolescent Partial Hospitalization Program (PHP) – and first in Rockland County – with a ribbon cutting ceremony at its location at the BOCES Educational Resource Center campus, 131 N. Midland Ave., in Nyack, New York. The program, modeled after Astor Services' existing PHP in Poughkeepsie, New York, is available to youth ages 11-18 who are facing challenges at home, at school, or in the community. This group therapy program helps youth learn to safely manage their emotions to prevent out-of-home placement to psychiatric hospitals and other residential treatment programs.

New York State Senator Bill Weber, New York State Assemblymember Kenneth Zebrowski and Dr. Susan Hoerter, Acting Commissioner of Rockland County Department of Mental Health all addressed the crowd. Also in attendance were Donna Chiapperino, deputy district director for Congressman Michael V Lawler, and Clarkstown Town Supervisor George Hoehmann. Astor's Chief Executive Officer Yvette Bairan was on hand to offer remarks and PHP Director Samantha Kroener cut the ribbon to mark the opening of the highly anticipated facility.

"Astor has been providing high quality care in New York State for over 70 years," said Bairan. "We have seen a heightened need for mental health services in recent years. The PHP addresses this gap in Rockland County and can support a young person and their family at any point in their mental health journey, whether it is their first time participating in services or they are transitioning from another program."

The center will provide treatment using Dialectical Behavioral Therapy, an evidence-based treatment model, along with group therapy, individual therapy, and family therapy. For more information or to access support, please contact (845) – 405-4146 or visit <https://bit.ly/RocklandPHP>.

About Astor Services

For 70 years, since 1953, Astor Services provides essential supports, tools and high quality, comprehensive behavioral health and educational services to engage, empower and strengthen children, adults and families

in all communities. Astor serves more than 9,000 children and families annually in more than 70 locations in the Hudson Valley and the Bronx. Astor's range of services include early childhood programs and community-based behavioral health and prevention services. To learn more about Astor's programs and services, visit, www.astorservices.org.