**Head Start & Early Head Start**

Head Start is a federally funded preschool program serving low-income children and children with disabilities.

- **Free program for children who qualify**
- **Home-based program option**
  - Prenatal – 5 years old
  - Weekly 90 minute home visits
- **Center-based program option**
  - 18 months – 5 years old
  - Monday – Friday
  - 5-6.5 hours a day

**Special Services:**

**Special Class Integrated Setting (SCIS)**
Provides Special Education services within a 5-hour, 5-day a week, Head Start integrated classroom.
*Available at Mt. Alvernia, Beacon, Wingdale, and Poughkeepsie locations*

1:8:2 – This is a 5-hour, 5 day a week program in a self-contained classroom.
*Available at Beacon and Poughkeepsie locations.*

12:1:2 – This is a 5 hour, 5 day a week program in a self-contained classroom.
*Available at Beacon location.*

**Therapeutic Preschool** – Designed for children with significant needs in social and emotional skills. Integration of education and clinical models. 5-hours, 5 day a week program.
*Available at Poughkeepsie location.*

**Bright Steps Toddler Room** – Provides Early Intervention services within a 6.5 hour, 5 day a week.
*Available at Mt. Alvernia location.*

**Goals:**

- Help develop social and emotional competence of young children
- Implement strategies that promote school readiness
- Provide comprehensive family engagement services
- Promote health, mental health, and provide developmental screenings
- Collaborate with community resources to support the families and program

**Locations:**

**Beacon**
29 Willow St, Beacon, NY 12508 • (845) 838–9904

**Millerton**
Home–Based Service • (845) 763–6805

**Mt. Alvernia**
136 Sheafe Rd, Wappingers Falls, NY 12590 • (845) 296–1892

**Poughkeepsie**
50 Delafield Street, Poughkeepsie, NY 12601 • (845) 452–7726

**Red Hook**
1232 NY–308, Rhinebeck, NY 12572 • (845) 758–4103

**Wingdale**
6423 State Route 55, Wingdale, NY 12594 • (845) 832–3331

*For more information, please contact:*

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