

Astor Services Opens Liberty, NY Counseling Center

<https://www.hudsonvalleypress.com/2024/03/13/astor-services-opens-liberty-ny-counseling-center/>



LIBERTY – Astor Services, a leading provider of quality mental and behavioral health and education services for children, young adults and their families, has officially unveiled its Liberty, New York counseling center, which provides services for individuals from birth to age 26. In an effort to meet the increased mental health needs it is currently seeing, the nonprofit organization, which has an over 70-year history of providing services in the Hudson Valley and the Bronx, has expanded its reach to this Sullivan County location, situated within the county building at 20 Community Lane.

A discounted/sliding fee schedule is available based on family size and income. True to Astor’s mission, no individual will be denied access to services due to their inability to pay.

“Astor Services continuously assesses the needs in communities we serve, and we are determined to provide a spectrum of services to respond to those needs,” said Yvette Bairan, chief executive officer of Astor Services. “Our interdisciplinary team includes child psychiatrists, child psychologists, psychiatric nurse practitioners, social workers, family advocates and other professionals prepared to support youth and their families. Children struggling with mental health concerns that impact their ability to function in daily life, or families struggling with issues such as communication, boundary- and limit-setting and other concerns may benefit from family, individual or group therapy and we want to ensure those supports are readily accessible to them.”

According to Carley Andrews Otero, project manager for Astor Services, “The program is licensed by the New York State Office of Mental Health and the new location will allow for continued collaboration between Astor and county staff. Additional opportunities for expansion are being discussed with Sullivan County leaders on an ongoing basis.”

To learn more about the new center in Sullivan County, or to access support, visit <https://www.astorservices.org/program/udson-valley-counseling-centers/> or call 845-516-7799.