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FOR IMMEDIATE RELEASE

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ASTOR SERVICES OPENS BRONX, NEW YORK TRAUMA RECOVERY CENTER

Support Now Available to Community Members Regardless of Their Ability to Pay

Bronx, NY, March 5, 2024 – [Astor Services](https://www.astorservices.org), a leading provider of quality mental and behavioral health and education services for children, young adults and their families, has officially unveiled its Trauma Recovery Center, with a ribbon cutting ceremony at its 750 Tilden Street location in the Bronx. The center provides much needed therapeutic and support services to victims of trauma and violence and serves as a community hub to support victims of violent crime in the Bronx, with clear referral pathways from local hospitals, legal defense services, law enforcement, and other critical support providers.

Astor Services CEO Yvette Bairan was on hand to cut the ribbon. “Through the services of The Trauma Recovery Center, Astor aims to reduce the long-term effects of post-traumatic stress disorder symptoms caused by individual events or compound trauma,” said Bairan. “I am happy this center is here in the Bronx and is completely free. This is important as this area has the highest poverty rate in the city, and also one of the highest crime rates – factors that can intensify the impacts of trauma and restrict access to care.”

The center provides services to Bronx community members ages 5 and above, and participants can meet in-person, virtually or in their homes. Amber Rodriguez, who was a victim of sexual assault, credits the center with providing her with “exponential growth and healing.” Rodriguez added, “My relationship with the Trauma Recovery Center has



allowed me to heal and become a better version of myself. It helped me to find stability when I felt like the ground was sinking beneath my feet and, for that, I am grateful.”

The Trauma Recovery Center is open Monday to Friday, 9am to 5pm. People may walk in without an appointment or call 718-231-3400.

About Astor Services

For over 70 years, since 1953, Astor Services provides essential supports, tools and high quality, comprehensive behavioral health and educational services to engage, empower and strengthen children, adults and families in all communities. Astor serves more than 9,000 children and families annually in more than 70 locations in the Hudson Valley and the Bronx. Astor’s range of services include early childhood programs and community-based behavioral health and prevention services. To learn more about Astor’s programs and services, visit, www.astorservices.org.

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Editor’s Note: A courtesy photo is attached.



Cutline:

Grand opening of Astor Services Trauma Recovery Center. Pictured from left to right: Johana Guerreo from NYS Senator Nathalia Fernandez’s Office, Jaida Richardson, Program Director of Trauma Recovery Center, Stephanie Rogers, Bronx Outpatient Clinic Regional Director, Astor CEO Yvette Bairan, Monsignor Kevin Sullivan, Executive Director of Catholic Charities of the Archdiocese of NY, Bronx Borough President Vanessa Gibson and Fidel Malera from Gov. Kathy Hochul’s office.