The Adolescent Partial Hospitalization Program (PHP) provides short-term intensive therapeutic treatment to youth ages 11-18 who are struggling at home, at school, or in the community.

Services Offered

- Dialectical Behavior Therapy (DBT) as the primary evidence-based treatment model
- Daily group therapy
- Family therapy, education, and coaching
- DBT Caregiver Support Group
- Behavioral health assessment
- Treatment planning
- Psychiatric evaluation
- Medication management
- Linkage and referral to support services
- Discharge planning
- 2 hours of onsite education (provided by LearnWell)
- 24 hours/7 days a week coaching and support for behavioral health crisis

To Participate

Youth must be experiencing one of the following:

- Unable to be safe with self and/or others
- Unable to function at school, at home, or in the community
- At-risk of out of home placement (such as emergency department visits or psychiatric hospitalization)

Cost

PHP accepts Medicaid and most insurances. For those without insurance, a sliding-scale fee is available.

Contact

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