



Astor Services
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FOR IMMEDIATE RELEASE

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ASTOR SERVICES ANNOUNCES DR. ADALIS MILLAN-COLON AS CHIEF MEDICAL OFFICER

*Promotion Marks Dr. Millan-Colon's 15 Years of Clinical Excellence and
Commitment to Patient Care at Astor Services*

Hudson Valley and The Bronx, NY – March 31, 2025 – [Astor Services](http://www.astorservices.org), a leading provider of quality mental and behavioral health and education services for children, young adults and their families, today announced the promotion of Dr. Adalis Millan-Colon to chief medical officer. In this role, Dr. Millan-Colon is responsible for overseeing the medical and clinical aspects of all of Astor's programs.

Dr. Millan-Colon joined Astor Services in 2009 in the role of psychiatrist. She has demonstrated outstanding clinical skill and an enduring passion for the well-being of patients in her 15-year tenure at Astor.

"Dr. Millan-Colon is dedicated to providing compassionate and effective care, utilizing evidence-based practices and a patient-centered approach," said Astor CEO Yvette Bairan. "Her background and training have equipped her with the expertise necessary to address the complex needs of our patients and to offer guidance and support to our clinicians. There was no doubt she was the right choice for this elevated position within Astor."

Dr. Millan-Colon is board certified in General Psychiatry and Child and Adolescent Psychiatry. She received her medical degree at the University of Puerto Rico School of Medicine and completed her Psychiatry Residency at the same institution. Dr. Millan-Colon completed a



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fellowship in Child and Adolescent Psychiatry at St. Vincent's Catholic Medical Center/NY Medical College. She is fluent in English and Spanish.

About Astor Services

For over 70 years, since 1953, Astor Services has provided essential supports, tools and high quality, comprehensive behavioral health and educational services to engage, empower and strengthen children, adults and families in all communities. Astor serves more than 9,000 children and families annually in more than 70 locations in Hudson Valley and the Bronx. Astor's range of services includes early childhood programs, community-based behavioral health and prevention services. Astor has also recently opened a new Trauma Recovery Center in its Bronx location. To learn more about Astor's programs and services, visit, www.astorservices.org or follow Astor on [Facebook](#) and [Instagram](#).

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Editor's note: A photo of Dr. Millan-Colon is attached.