

OVERVIEW

Hudson Valley Programs & Services



Early Childhood Programs

- Head Start
- Early Head Start



Mental Health Outpatient Treatment & Rehabilitation Services

- Counseling Centers
- Intensive Outpatient Program
- School-Based Clinics (SBBHT)



Home and Community-Based Programs

- Care Coordination
- Enhanced Coordinated Children Services Initiative (ECCSI)
- High Fidelity Wraparound
- Intensive Home-Based Prevention
- JD PINS Family Therapy
- Juvenile Risk Intervention Services Coordination (J-RISC)
- Serving Youth in their Community (SYNC)
- Therapeutic Foster Boarding Home
- Vocational Case Management



School-Based Programs

- Astor Learning Center
- Day Treatment
- Intensive Day Treatment
- Therapeutic Transitions Program



Crisis Services

- Adolescent Partial Hospitalization
- Home-Based Crisis Intervention
- Youth ACT



For more information about all of our extensive services, please visit

www.astorservices.org

Get In Touch WITH A LOCATION NEAR YOU



(845) 871-1000

HudsonValleyReferrals@astorservices.org

Astor has many locations in the Hudson Valley and the Bronx

For a complete list of all locations, visit:
astorservices.org/contact



HUDSON VALLEY PROGRAM OVERVIEW

FAMILY-DRIVEN BEHAVIORAL
HEALTH AND EDUCATION



Help, Heal, Hope

A TRADITION OF INCLUSIVE EXCELLENCE SINCE 1953

Astor Services has empowered children, adults, and families through programs that prevent and treat emotional issues, facilitating healthy development.

As a trusted non-profit that serves more than 9,000 clients annually, Astor offers a range of services in the Mid-Hudson Valley and the Bronx.

Our mission is to provide essential supports, tools and high-quality, comprehensive behavioral health and educational services to engage, empower and strengthen children, adults, and families in all communities.

Our vision is to be the preeminent behavioral health and educational services partner in the community where all children, adults, and families can realize their full potential through **help, healing, and hope.**

www.astorservices.org



Hudson Valley Programs

Astor's wide array of Clinical, Care Coordination, and Early Childhood Programs support children, adults and families who are experiencing behavioral challenges whether at home, school, or in the community.

Behavioral difficulties can create distress for all family members. Through a variety of specialty programs, our caring staff help children, parents, siblings and beyond cope with the strain; and when necessary, help to address serious issues of trauma, abuse, neglect, substance abuse, and domestic violence.

Many of the children we assist require stabilization and supports in the community to avoid a more restrictive placement or higher level of care. Astor has developed individualized prevention, education and support to children and families through our clinics, in their homes, and in school settings to keep youth in the community.



Our Programs & Services

Early Childhood Programs

Astor's Early Childhood Programs serve prenatal mothers, infants, toddlers and preschoolers in Head Start and Early Head Start. Services also include Universal PreK and special education classes at four centers across Dutchess County.

Mental Health Outpatient Treatment & Rehabilitation Services

Astor's outpatient clinics provide counseling, psychiatric services, and family advocacy to youth up to age 26 and their families. Astor's school-based clinics offer the same range of therapeutic interventions as the free-standing clinics but with the convenience of being located within community schools.

Home and Community-Based Programs

Astor offers an array of programs that provide clinical support, education, and skill-building for children and families and provides assistance accessing community services with specialized programs for youth/families navigating court and child welfare systems.

School-Based Programs

Astor's School-Based Programs include the Astor Learning Center and Day Treatment programs which all provide embedded clinical interventions for students who are experiencing emotional and educational challenges.

Crisis Services

Astor provides intensive therapeutic treatment to children and adolescents who are struggling at home, at school, or in the community to support stability and keep youth in the community.