



## School-Based Behavioral Health and Training (SBBHT)

Astor Services has decades of experience working with children in collaboration with the Department of Education in school-age day treatment programs and clinic-based school satellite programs.

Astor offers an array of services based on evidence-based models, providing a comprehensive mental health partnership that is flexible and customizable to the unique needs of each school population.

### Universal Interventions

Designed to support the entire school, including:

- Assessment
- Training/education
- Identify needs
- Referral to services

### Selective Interventions

Classroom and group interventions targeting at-risk students and enhancing faculty skills, including:

- Intensive case consultation with teachers and school support team
- PBIS/TCI Crisis Assessment
- Groups with identified students
- Specific staff training
- Classroom management consultation
- Crisis avoidance, crisis response, and peer mediation

### Targeted Interventions

For identified individual students and families in need, including:

- Evidence-based treatment, assessments, and evaluations as part of on-site Article 31 satellite school-based mental health clinic
- Mental health/educational referrals and case planning
- Supervisory oversight provided by a licensed clinician for all individual, group and family psychotherapy, crisis intervention, and behavioral health assessment and evaluation services

*All prices are calculated based on Medicaid commercial insurance mix of student population using a cost-share model with school district & Astor Services*

### Contact

**Lynn Gillard, LCSW-R** (she/her)  
Hudson Valley School-Based Supervisor  
(845) 702-0000  
lgillard@astorservices.org  
SchoolpartnershipsHV@astorservices.org

