



Post-Hospital Discharge Resources

Astor Services is a community-based non-profit organization that provides behavioral health services to youth and their families throughout the Hudson Valley and the Bronx. Astor offers a continuum of programs that can be helpful to families in diverting hospitalization or providing support in the community post-discharge when hospitalization is necessary. Astor aims to help families determine the most appropriate level of care for their child and is committed to supporting families during treatment and post-discharge, when a higher level of care is needed.

Program/Service	Description	Counties Served
Mental Health Outpatient Treatment & Rehabilitative Services Counseling Centers	Provide evidence based, trauma-informed individual and family therapy to help children manage emotional and behavioral difficulties in their local community.	Bronx, Dutchess, Sullivan, Ulster
School Based Behavioral Health & Training (SBBHT)	Provides skill building, treatment, case management and other support services for children and their families in their local school.	Bronx, Dutchess, Sullivan, Ulster
Trauma Recovery Center	Serves as a community hub to support victims of violent crime, with clear referral pathways from local hospitals, legal defense services, law enforcement, and other community pathways.	Bronx
Home & Community Based Programs Care Management	Provides care coordination to Health Home eligible children. A care manager links, supports, and oversees access to services/systems a child and family may need to improve overall health.	Bronx, Columbia, Delaware, Dutchess, Green, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
Enhanced Coordinated Children's Services Initiative (ECCSI)	A multi-agency process that seeks to prevent out-of-home placement and coordinate services to meet the family's complex needs in Dutchess County.	Dutchess
High Fidelity Wrap Around	Care coordination to offer children & adolescents a positive outcome. The process involves intensive, individualized planning and managing for ages 12-21 with serious emotional, or behavioral concerns.	Bronx, Dutchess, Orange, Ulster, Columbia
Crisis Services Adolescent Partial Hospitalization	Provides short-term clinical services to adolescents in danger of needing a higher level of care or transitioning from a higher level of care.	Dutchess, Ulster, Orange, Rockland
Home Based Crisis Intervention (HBCI)	Provides short-term crisis support and treatment for children and their families to avoid a higher level of care.	Dutchess, Ulster, Columbia, Greene, Putnam, Rockland, Westchester.



Post-Hospital Discharge Resources

Line of Service/Program	Locations	Contact
Counseling Centers	Dutchess, Ulster, Sullivan Bronx	Megan York (845) 392-2295 ClinicsHV@astorservices.org Stephanie Roscoe Rogers (845) 516-7823 ClinicsBX@astorservices.org
School Based Behavioral Health & Training (SBBHT)	Dutchess, Ulster, Sullivan Bronx	Lynn Gillard (845) 702-0000 SchoolpartnershipsHV@astorservices.org Emily Casa (718) 751-5407 SchoolpartnershipsBX@astorservices.org
Trauma Recovery Center	Bronx	Jaida Richardson (845) 372-3032 TraumaRecoveryBX@astorservices.org
Care Management	Bronx, Columbia, Dutchess, Orange, Putnam, Rockland, Delaware, Sullivan, Ulster, Westchester	Denise Brown (845) 605-4462 CareManagementBX@astorservices.org CareManagementHV@astorservices.org
Enhanced Coordinated Children's Services Initiative (ECCSI)	Dutchess	Katie Castell (845) 430-9861 ECCSIDutchess@astorservices.org
High Fidelity Wrap Around	Columbia, Dutchess, Orange, Ulster Bronx	Kimberly Connolly (845) 417-4517 HighFidelityWrapHV@astorservices.org Lanika Laster (917) 891-0684 HighFidelityWrapBX@astorservices.org
Adolescent Partial Hospitalization	Dutchess Rockland	Samantha Kroener (845) 337-1834 PHPDutchess@astorservices.org Merrill McGarity (845) 405-4146 PHPRockland@astorservices.org
Home Based Crisis Intervention (HBCI)	Dutchess, Ulster, Columbia, Greene, Putnam, Rockland, Westchester	Michael Harris (845) 309-8452 HBCI@astorservices.org
Hospital Liaison	Bronx & Hudson Valley	Veronica Geary (845) 275-5200 VGeary@astorservices.org
Hospital Liaison	Hudson Valley MHOTRS Clinics	Suzy Garcia (845) 518-4239 SGarcia@astorservices.org