



## Behavioral Health Response Team

The Behavioral Health Response Team (BHRT) is a program specifically designed to assist students and families meet the challenges

associated with a physical return to their school environment and expand mental health awareness in school communities.

The Behavioral Health Response Team, staffed by a supervisor, clinician, and family advocate collaborates with school leadership, supports students and families in managing the behavioral and mental health and challenges of navigating the school environment, while supporting the campus Social Emotional Learning environment. Staff provide on-site direct support services including assessment and short-term interventions, consultations, screening and referrals, crisis intervention, and prevention services.

These activities allow students with behavioral challenges and/or mental health issues to improve on their skills and responses while coping with various personal, academic and family-related stressors. Services may be customized to support the needs of individual school settings.

### The Behavioral Health Response Team:

- Provides short-term intervention sessions for identified students and their families
- Ensures that all services are trauma informed and family centered
- May offer school-wide screening and referral services
- Spends 1-3 days a week on-site and will engage families on referrals throughout the week

- Supports deescalation of crisis situations and support school support teams in engaging community resources
- Conducts outreach to families and collaborate with educational staff
- Has capacity for group interventions including parents groups and supporting school-based behavioral health initiatives
- May support staff training/psychoeducation on working with trauma impacted students

Astor provides services in over 40 Bronx school settings including our School Response Team, Article 31 school satellites and other school-based programming.

### Contact:

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