



Astor Impact

Dear Friends,

Because of you, children, adults, and families in our community are finding stability, healing, and hope.

Every day at Astor Services, we meet young people navigating trauma, behavioral challenges, and complex family circumstances. What continues to inspire me is this: when the right support is in place, transformation happens. And that support is made possible by you.

Your generosity is not just funding programs. It is helping a child regulate their emotions for the first time. It is helping a parent feel less alone. It is opening doors that once felt closed.

Thank you for standing with us.

With gratitude,

Sarai Manuel

Sarai Manuel
Chief of Strategic
Initiatives & Development
Astor Services



When “Maria” began services, she struggled with severe anxiety that impacted her school attendance.

Today, with consistent therapeutic support funded by donors like you, she is attending school regularly and participating in class with confidence.



Astor's Impact at a Glance

Astor Services has been transforming lives for more than

74 years,
and the numbers tell the story.

Last year alone, Astor served more than

9,300

children, adults, and families, providing critical behavioral health, early childhood education, and family support programs across the Hudson Valley and the Bronx.

Since Astor's founding in 1953, we've touched almost

220,000 lives.

Platinum
Transparency
2026

Candid.



Gratitude Spotlight

Honoring CDPHP

This quarter, we are deeply grateful to CDPHP for their generous investment of \$18,000.



The CDPHP Foundation has recently awarded Astor a \$18,000 grant to support transportation costs for clients in Ulster, Dutchess, Orange, Greene, and Columbia counties.

These funds will help address significant barriers that prevent individuals and families from receiving critical care, including long travel distances, demanding work schedules, and persistent challenges with Medicaid transportation.

By coordinating services across local cab companies, Uber, and bus providers, we can offer more flexible, reliable, and affordable mobility options that meet diverse needs.

This funding will allow us to maintain a streamlined

scheduling system, reduce service gaps, and ensure greater geographic coverage, ultimately improving healthcare access.

Addressing these transportation shortfalls is essential, as they magnify inequities, delay treatment, and heighten avoidable healthcare crises.

We are grateful to the CDPHP Foundation for supporting clients in overcoming these obstacles to reach essential services provided by Astor.

We are proud to partner with mission-aligned supporters who believe that every child deserves the opportunity to thrive.

You can support Astor through planned giving

Give back when planning the future.

You can make a gift to Astor Services today that will support Astor's mission far into the future.



Learn more about Planned Gift Giving by scanning the code or visiting astorservices.org/planned-giving



For more information, contact:

Sarai Manuel
Chief of Strategic Initiatives & Development

(646) 581-8184
smanuel@astorservices.org

Program Highlight

Expanding Our Reach: Bronx Partial Hospitalization Program in the South Bronx

We are excited to announce the opening of a new site and the expansion of the Bronx Partial Hospitalization Program (PHP) for adolescents at 1057 Southern Blvd, in the South Bronx.

This is a new location for us, and it will be shared with our Trauma Recovery Center as well as our clinic services.

We are expecting to open the program later this year, however the site itself will be opening to provide counseling services for our existing clients within a few months.

This Bronx PHP program will:

- ✓ Serve approximately 165 children and families annually
- ✓ Provide psychiatric evaluation & medication management and 24/7 crisis coaching
- ✓ Address growing demand for intensive, structured treatment for youth ages 11-18 with mental health-related safety concerns while they remain at home.



Filling a need:

The need for accessible mental health services continues to grow across our region. This new site allows us to meet families where they are and reduce barriers to care.

Over the last year, 96% of clients enrolled in the program remained out of the ER and hospital during program and 30 days post discharge.

Over the last year, 97% of clients have remained in the community

rather than being discharged to a higher level of care (hospital or residential program).

Here's what one of our students in the program had to say about it:

"My (therapist) was absolutely amazing throughout this entire process.

He's made me understand how important my life is and how much I have to look forward too.

Staff were outstanding, thank you so much for all you have done."





The Little Wishes Project



Fundraising Updates

Because of you, our recent events have been a success!

Astor's **Little Wishes Project** Brings Holiday Magic to Families.

For more than 30 years, Astor has brought joy to families in need during the holidays through its Adopt-A-Family program.

This year, the organization proudly continued that heartfelt tradition under a new name: The Little Wishes Project.

With the generous support of donors, Astor successfully reached its goal of raising \$40,000, ensuring that families enrolled in its programs

received a meaningful gift during the holiday season.

Each family was provided with a \$50 gift card, giving parents the opportunity to choose something special from their child's wish list.

The children and youth enrolled in the Little Wishes Project—Astor's most vulnerable clients, all aged 18 years or younger—benefited greatly from this initiative.

Thanks to the community's support, the magic of the holidays was brought to families who needed it most.

Join Astor's Circle of Hope

Sustainable support creates a sustainable impact

Astor's Circle of Hope is a monthly giving society that provides sustained support to ensure vital programs and services continue year-round.

Your monthly support:

- Ensures Astor is prepared to respond immediately when crisis arises
- Provides uninterrupted access to essential services for children, adults and families
- Strengthens our ability to plan while remaining flexible in uncertain moments



CIRCLE of HOPE
ASTOR SERVICES

For more information, contact Sarai Manuel, Chief of Strategic Initiatives and Development at smanuel@astorservices.org.

Join Astor's Circle of Hope today and help ensure no child waits for care.

Every child we serve carries a story. Because of you, those stories do not end in crisis; they continue toward healing.

Thank you for believing in this work and for standing alongside Astor families.

Upcoming Event

SAVE THE DATE

26TH ANNUAL STENBERG GOLF TOURNAMENT

2026 | Monday, August 31
Powelton Club, Newburgh, NY

www.astorservices.org

[Click here to join Astor's Circle of Hope](#)