



FOR IMMEDIATE RELEASE

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ASTOR SERVICES EXPANDS MENTAL HEALTH ACCESS IN THE SOUTH BRONX WITH NEW COUNSELING AND CRISIS SERVICES CENTER

Facility will Deliver Therapy, Trauma Recovery, and Crisis Support to Children, Youth, and Families in One of the Nation's Most Underserved Communities.

BRONX, NY - Astor Services today announced the opening of its new Counseling Center & Crisis Services location at 1057 Southern Boulevard in the South Bronx, expanding access to mental health care, crisis support, and trauma-informed services for children, youth, and families in one of the most economically disadvantaged communities in the United States.

The new center will serve Bronx residents from early childhood through young adulthood, offering comprehensive behavioral health and crisis services designed to meet the growing mental health needs of families in the community.

For many South Bronx residents, barriers such as cost, stigma, and limited local resources make it difficult to access timely mental health care. Astor's new center aims to close that gap by providing accessible, community-based services that help families stabilize during crises and build long-term resilience.

"Families in the South Bronx face enormous challenges—from economic hardship to community violence and trauma—but too often they lack access to the mental health support they need," said **Yvette Bairan, Chief Executive Officer at Astor Services**. "This new Counseling Center & Crisis Services location ensures that children, young people, and families in the Bronx have a trusted place to turn for care, support, and healing."

The center will provide a wide range of services for Bronx residents, including family, individual, and group therapy; psychiatric care and medication management; behavioral health assessments; crisis intervention and safety planning; substance-use screening and treatment; family advocacy and case management; and specialized treatment for youth who cause sexual harm.

In addition to outpatient counseling services, the center will also include specialized programs designed to support youth facing significant mental health challenges.

Astor's **Adolescent Partial Hospitalization Program** will provide intensive daily treatment for youth ages 11–18 experiencing serious mental health concerns, allowing them to receive structured therapy and support while remaining at home with their families.

The center will also house a **Trauma Recovery Center**, offering evidence-based treatment for children and families who have experienced interpersonal or community violence. Through therapy, case management, and advocacy, the program helps clients access mental health care, medical services, and other critical resources needed to rebuild stability.

Recognizing the challenges faced by court-involved youth, the center will provide services through Astor's **Juvenile Justice Program**, which supports Bronx residents ages 12–26 with emotional and behavioral needs through therapy, assessments, and strengths-based case management.

All services at the center accept insurance and Medicaid, and care will be provided regardless of insurance status, ensuring that families can access help when they need it most.

“Astor Services' community and outpatient treatment programs are designed to support clients and their families where it matters most — in their homes and within their own communities,” said **Samantha Kroener LMHC-D**, who serves as Astor's Program Director of Partial Hospitalization Programs.

About Astor Services: Astor Services for Children & Families provides behavioral health, early childhood development, and family support programs across the Hudson Valley and the Bronx. Through a comprehensive network of services, Astor helps children and families overcome challenges and build healthier, stronger futures.